

Lunch menu

Served daily 12pm - 5:30pm

STARTER

Soup of The Day €7

Homemade Guinness bread
(1, 3, 6, 7, 9,12)

Seafood Chowder €11.50

Medley of prawns, hake & salmon served with
homemade Guinness bread
(1, 2, 3, 4, 6, 7, 9, 12)

Chicken Wings €11.50

With BBQ or hot sauce, garlic mayo (1, 3, 6)

MAIN COURSE

Chicken Goujons €15.50

Chicken goujons, coleslaw, fries, garlic mayo
(1, 3, 6, 7, 10, 12, 13)

Connemara Fish & Chips €19.50

Fresh fish fillets in Connemara Ale batter,
tartare sauce (1, 3, 4, 6, 12)

Vegetarian Stir-fry €15

Vegetable stir-fry, soya sauce, sweet chilli,
basmati rice (6, 9, 11, 12)

ADD CHICKEN €4

Grilled Cajun Chicken €16.95

Marinated chicken breast, fries or
rice, side salad, sweetcorn mayo
(3, 6, 7, 10)

Coconut Rice Pilaf €17

Coconut-infused rice topped with crisp
broccoli, tender green peas, crunchy bean
sprouts, golden fried tofu (6,11)

SALADS & SANDWICHES

Super Salad €13

Mixed greens, carrots, apple, quinoa, roasted
chick peas, toasted seeds, golden fried tofu,
balsamic glaze (6, 8, 11, 12)

ADD CAJUN CHICKEN €4

Caesar Salad €12

Cos lettuce, croutons, crispy bacon, parmesan,
Caesar dressing (1, 3, 6, 7, 10)

ADD CHICKEN €4

Cajun Chicken Wrap €13.90

Cajun chicken, lettuce, cheese, pancetta,
coleslaw, house sauce, fries (1, 3, 6, 7)

Roast Beef Sandwich €13.90

Slowly roasted beef, lettuce, tomato,
horseradish mayo on focaccia bread, fries
(1, 3, 6, 7, 8, 10)

Pulled Pork Burger €14.50

Brioche bun, BBQ pulled pork, coleslaw,
cajun fries (1, 3, 6, 7, 10, 11, 12)

Toasted Special €7

Ham, cheese, tomato & red onion toastie on a
choice of white / brown bread, crisps (1, 6, 7)

Add On €3.00

- Soup (3, 6, 7, 9)
- Fries (3, 6, 7, 9,)
- Cajun fries (3, 6, 7, 9)

SIDES

Fries (3, 6, 7, 9) €4.50

Cajun fries (3, 6, 7, 9,12) €4.50

Sweet potato fries (6) €5.50

Loaded fries (1,3,6,7) €10

Garlic mayo, parmesan, pancheta lardons

Mashed potatoes (7) €4.50

Roast baby potatoes (6,7) €4.50

Seasonal vegetables (7) €5.50

Caesar salad side (1,3,6,7) €7

House salad (6,7,8) €5.50

Onion rings (1,6) €5

PLEASE, ASK YOUR SERVER FOR OUR DAILY SPECIALS

Allergens: 1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5.Peanuts 6.Soybeans 7.dairy 8.Nuts 9.Celery 10. Mustard 11. Sesame Seeds 12.Sulphur
Dioxide and Sulphates 13.Lupin 14. Molluscs

Please note that we have ALL allergens present in our kitchen.

All Beef is of Irish Origin All our Dairy Products are Irish